

September

Breakfast Menu

Fruits

Choose from fresh apples, bananas, oranges or a variety of canned fruits to start your morning.

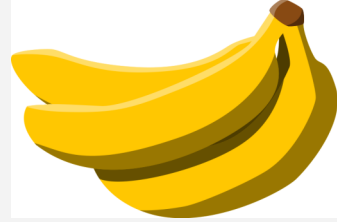
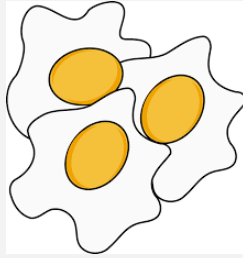


Grains

Choose from a variety of dry cereal, toast bagel, English muffin or try a cereal bar.

Milk and Juice

You can also choose white or chocolate milk and a variety of fruit juices including apple, cranberry, grape and orange-pineapple.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 BREAKFAST OMELET
4 STUDENTS TRAVEL	5 BREAKFAST QUESADILLA	6 SCRAMBLED EGG OR CREAM OF WHEAT	7 ENGLISH MUFFIN BREAKFAST SANDWICH	8 BREAKFAST BURRITO
11 BREAKFAST CROISSANT SANDWICH	12 BLUEBERRY PANCAKE	13 PB&J GRAHAM OR MALT O MEAL	14 SCRAMBLED EGG SAUSAGE PATTY HASH BROWNS	15 CINNAMON ROLL
18 SAUSAGE PANCAKE	19 BLUEBERRY MUFFIN	20 BREAKFAST PIZZA OR OATMEAL	21 WAFFLES/SYRUP	22 SCRAMBLED EGG HAM BISCUIT
25 BREAKFAST OMELET	26 BREAKFAST ENCHILADA	27 BACON QUICHE OR CREAM OF WHEAT	28 BREAKFAST BAGEL	29 FRENCH TOAST SAUSAGE PATTY

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Lunch Menu



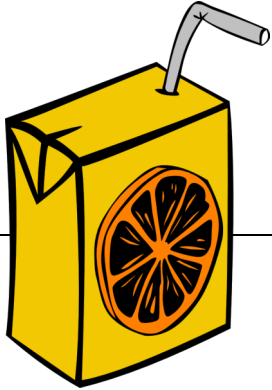
There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Meatballs Buttered Noodles Gravy Brussel Sprouts Salad Bar
 Labor Day	5 Tuna Salad Sandwich Or Chicken Fiesta Sandwich Waffle Fries Coleslaw Salad Bar	6 Ranch Baked Chicken Or Sliced Turkey Mashed Potatoes/Gravy California Veg. Blend Salad Bar	7 Club Sandwich Or Stromboli Tater Tots Salad Bar	8 Super Nachos Refried Beans Salad Bar
11 Bear Burger Or Hot Dog Tater Tots Salad Bar	12 Oven Fried Chicken P/A BBQ Chicken Mashed Potatoes/Gravy Salad Bar	13 Spaghetti w/Meat Sauce Macaroni and Cheese Seasoned Peas & Carrots Garlic Bread Salad Bar	14 Ham and Cheese or Turkey and Cheese Paninis French Fries Salad Bar	15 Chicken Alfredo Seasoned Asparagus Breadstick Salad Bar
18 Fish Nuggets Or Chicken Nuggets Waffle Fries Salad Bar	19 Chimichanga Or Chile Rellano Seasoned Pinto Beans Salad Bar	20 BBQ Chicken Or Sour Cream and Onion Chicken Au Gratin Potatoes Seasoned Broccoli Salad Bar	21 Sliced Roast Beef Or Sliced Pork Roast Mashed Potatoes w/Gravy Summer Squash Salad Bar	22 Chicken Strips w/Gravy Tater Tots Salad Bar Garlic Bread
25 Variety of Pizza Sliced Jicama Salad Bar	26 Chicken and Rice Or Oven Fried Chicken Brown Rice Glazed Carrots Salad Bar	27 Chicken Or Beef Fajitas Seasoned Pinto Beans Salad Bar	28 Chicken Salad on Lettuce Leaf Chicken Flatbread Sandwich BBQ Chips Salad Bar	29 Salisbury Steak Buttered Noodles Seasoned Peas Salad Bar

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Dinner Menu

There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
4	5 Chicken Nuggets Waffle Fries Broccoli w/Cheese Salad Bar	6 Beef Taco Or Chicken Taco Pinto Beans Salad bar	7 Chicken Fried Steak Mashed Potatoes/Gravy Tossed Salad/Dressing	
11 Chicken Bacon Ranch Flatbread Seasoned Green Beans Salad Bar	12 Burrito Seasoned Pinto Beans Salad Bar	13 Salisbury Steak Mashed Potatoes/Gravy Salad Bar Roll	14 Cheese Enchiladas Refried Beans Tossed Salad/Dressing	
18 Variety of Pizza Seasoned Broccoli Salad bar	19 Orange Chicken Stir Fry Vegetables Salad bar Fortune Cookie	20 Lasagna Seasoned Green Beans Salad bar Garlic Bread	21 Corn Dog French Fries Tossed Salad/Dressing	
25 Chicken Quesadilla Glazed Carrots Salad Bar	26 Meatloaf Buttered Potatoes Salad bar Roll	27 Fish Sandwich Tater Tots Seasoned Peas Salad bar	28 Super Nachos Pinto Beans Tossed Salad/Dressing	